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**The Grand Muftee** 

## Playing the Qur'aan while sleeping; is this permissible?

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## بسم الله الرحمن الرحيم

In the Name of Allaah the most Kind the most Merciful

**Question:** The sister has two questions. The first question she says: Sometimes I feel scared and frightened when I sleep alone in my room, so I have to play the Qur'aan so I can sleep to its verses. Is this permissible?

Shaykh bin Baaz (رَحِمَهُ اللهُ)¹: I do not know of any problem with this; because the Qur'aan is a comfort for the believer. And it is remembrance of Allaah (سبحانه)², thus listening to it is worship. Therefore if the person needs to listen to it to remove the feeling of loneliness and to relax his heart then there is no problem with that. And all praises belong to Allaah.



<sup>1 (</sup>رَحِمَهُ اللهُ) (rahimahullaah) May Allaah the Most High have mercy on him

<sup>&</sup>lt;sup>2</sup> (سبحانه) (Subhanahu) The Exalted